

Welcome to Ķemeri National Park!



WHAT TO SEE?

- 1** Boardwalk in Ķemeri Raised Bog (3.4 km)
- 2** Walking & cycling route "The Green Dune" ("Zaļā kāpa", 7 km)
- 3** Landscape park in Ķemeri historical resort
- 4** Walking & cycling route "Lūžu ditch sulphur spring" (3.1 km)
- 5** Nature Education and Information Centre "Forest house" ("Meža māja"), The Forest Trail (0.5 km) and The Boardwalk in Black Alder Swamp (0.6, closed)
- 6** Lake Sloka nature trail (3.1 km) and birdwatching tower
- 7** Walking & cycling route of Lake Sloka (3.5 km)
- 8** Health spring Jaunkemeri and the walking trails of RRC "Jaunkemeri"
- 9** Museum of History of Sanatorium "Jantarnij Bereg" and Jūrmala Resort
- 10** Kupskalni Nature Trail (0.4 km)
- 11** Lapmežciems Museum
- 12** Ragaciems fish market
- 13** Sedums of Ragaciems
- 14** Lake Kaņieris boat station and bird-watching tower
- 15** CEMEX birdwatching tower and Lake Kaņieris Reed trail (0.6 km)
- 16** Lake Kaņieris Castle Mound Trail (1.3 km) and sightseeing platform
- 17** Bicycle Route "Forest Circle" (16 km)
- 18** Bicycle route "Lustūžkalns Circle" (22 km)
- 19** Trail of Nature Pictures (4.5 km), Barefoot Trail (2.5 km), Board Game Trail and Meditation Labyrinths at the recreation centre "Valguma Pasaule"
- 20** Pottery Workshop "The Sun's Kiln"
- 21** Bicycle route "Šlokenbeka Circle" (17 km)
- 22** Šlokenbeka Manor
- 23** Dunduri meadows
- 24** The Fairytale Museum of Džūkste
- 25** Bog restoration site in Ķemeri Raised Bog



- ### Bigauņciems, Lapmežciems, Ragaciems
- 15** Cafe "Stallis" ✕ T: 28811910
 - 16** Flower and souvenir shops
 - 17** Cafe "Rosi" ✕ T: 26543954
 - 18** Guest house "Lapmežciems" 🏠🚗🚲 T: 27191082, www.gostinica.lv
 - 19** Guest house "K.V.N." 🏠🚗🚲 T: 20268864, www.viesunamskvn.lv
 - 20** Guest house "AAK Service" 🏠🚗🚲 T: 29118209, www.kanski.lv
 - 21** Guest house "Smaidas" 🏠🚗🚲 T: 29265552, www.smaidas.lv
 - 22** Cafe "Lindaga" ✕* T: 63163544
 - 23** Smokery (fish) "Mauriņi" 🍷 T: 29374291
 - 24** Fish Restaurant "Bermudas" ✕ T: 63163225, 29481863, www.bermudas.lv
- ### Apšuciems, Klapkalnciems
- 25** Camping "Ronīši" ✕*🏠 T: 26305551, 63161442, www.ronisi.lv
 - 26** Smokery (fish) "Stubiņš" 🍷* T: 26372856
 - 27** Hotel "SPA Arkadia" 🏠🚗🚲🚻 T: 29132765, www.hotelarkadia.lv
 - 28** Hotel "Villa Anna" 🏠🚗🚲🚻 T: 26122679, www.villaanna.lv
 - 29** Cafe "Apšite" ✕ T: 26545266
 - 30** Hostel & Camping "Apšuciema skola" 🏠🚗🚲🚻* T: 29544650
 - 31** Tent site "Čiekuri" 🏠🚗🚲🚻 T: 26527168
- ### Around Milzkalne & Lake Valgums
- 32** Vacation house "Rūši" 🏠🚗🚲 T: 28637513, www.ruusi.lv.lv
 - 33** Guest house "Milzkalne.lv" 🏠🚗🚲 T: 26545521, www.milzkalne.lv
 - 34** Hotel "Šlokenbeka" 🏠🚗🚲🚻 T: 25155225, www.slokenbeka.lv
 - 35** Cafe & Guest house "Upesloki" ✕🏠🚗🚲 T: 29151231
 - 36** Tent site "Ezermalas" 🏠🚗🚲🚻 T: 29448118
 - 37** Vacation house "Līdakas" 🏠🚗🚲 T: 29446828
 - 38** Recreation center "Valguma Pasaule" ✕🏠🚗🚲🚻🚻 T: 29414022, www.valgumapasaule.lv
 - 39** Tent site "Lejijas" 🏠🚗🚲🚻🚻 T: 63192300, 29559767
 - 40** Household "Rubeni". Bee products T: 29368726
- ### Around Smārde
- 41** Farmstead "Ruģeji" 🏠🚗🚲🚻 T: 22427274, www.zaigashorses.lv.lv
 - 42** Cafe "Runcis&Co" ✕ T: 63192256
 - 43** Guest house "Kalna Žagari" 🏠🚗🚲 T: 29414584, www.kalnazagari.lv
 - 44** Vacation house "Virsaīši" 🏠🚗🚲 T: 26377077, 29223339, www.virsaisi.lv
 - 45** Cafe "Smārdes krogs" ✕ T: 27861234
- ### Around Slampe
- 46** Vacation house "Ķīvītes" 🏠🚗🚲 T: 26413774
 - 47** Guest house "Likumi" 🏠🚗🚲 T: 26524126
 - 48** Cafe "Pils kafējnicā" ✕ T: 26337779
 - 49** Guest house "Pilsētnieki" 🏠🚗🚲🚻🚻 T: 29497272, www.pilsnetnieki.lv
- ### Around Džūkste
- 50** Tent site "Guntiņģis" 🏠🚗🚲🚻🚻 T: 28336456, 29454508
 - 51** Stud-farm "Skudru stālji" 🏠🚗🚲 T: 26307695
- ### Around Tīreļi
- 52** Stable "Ormaņi" 🐎 T: 28677844, www.stallisormani.weebly.com
 - 53** Cafe & Guest house "Aitiplauvas" 🏠🚗🚲 T: 29160393, www.aitiplauvas.lv
- ### Kūdura
- 54** Cafe "Osiši" ✕ T: 29147941
 - 55** Cafe "Kurši" ✕ T: 67730299

ACTIVITIES

- Bicycle rental **1 4 21 38 49**
- Nordic walking: rent of poles **38**, instruction **5 6 38**
- Photo orienteering and classic orienteering **38**
- Fishing and boat rental **14 36 37 38 39 43 50**
- Boat rides on rivers and the sea: www.juraslaivas.lv
- Motor boat rides on the sea **21**
- Horseback riding **41 44 51 52**
- Cross-country skiing track and ski rental **46**
- Snowshoe rental **38**

HEALTH AND BEAUTY

- Resort medical treatment **5 6**
- SPA services **27 38**

LOCAL PRODUCTS

- Smoked fish **12 23 26**
- Kurzeme wines **22**
- Bee products **40**
- Raspberries July&Aug **46**
- Black ceramic **20**
- Needlework **16 22**

Ķemeri

- 1** Bicycle rental "Ķemeri takas" 🚲 T: 29239273, www.takas.lv
Open V, VI, VIII, IX. Reservation required during other months.
- i** Jūrmala City Council Visitor Service Centre, T: 67751609
- 2** Tent site "Ķemeri takas" 🏠🚗🚲 T: 29239273, www.takas.lv

Jaunkemeri

- 3** Guest house "Melnais stārķis" 🏠🚗🚲 T: 26751543, www.melnaisstarkis.lv
- 4** Restaurant "Neptūns" ✕🚗🚲🚻 T: 29999319, 26189261, www.restoransneptuns.lv
- 5** Resort Rehabilitation Center "Jaunkemeri" 🏠🚗🚲🚻🚻 T: 67733522, www.jaunkemeri.lv
- 6** Sanatorium "Jantarnij Bereg" 🏠🚗🚲🚻🚻 T: 67736500, www.sanatorij.lv

Kauguri

- 7** Pizzeria "Miča Pica" ✕ T: 67512621, www.micapica.lv
- 8** Cafe "Kūriņš" ✕ T: 67736598, www.kurins.lv
- 9** Restaurant "Klondaika Tex Mex" ✕ T: 67740688, www.texmex.lv
- i** Information center of Sanatorium "Jantarnij Bereg", T: 26674792

Bigauņciems, Lapmežciems, Ragaciems

- 10** Cafe "Dižpriede" ✕ T: 28756095
- 11** Guest house "Jūras mols" 🏠🚗🚲 T: 27099099, www.jurasmols.lv
- 12** Camping "Kalnapriedes" 🏠🚗🚲🚻 T: 26404097, www.latecamping.lv
- 13** Guest house "Monikas" 🏠🚗🚲 T: 26161247
- 14** Guest house "Kamenes" 🏠🚗🚲 T: 26162212, www.kamenes.lv



